

# SOMETIMES I FEEL ANGRY



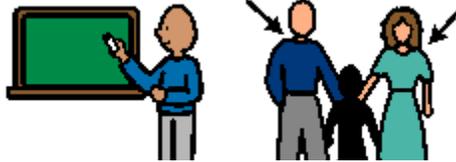
Sometimes I feel angry.



All people feel angry at one time or another.

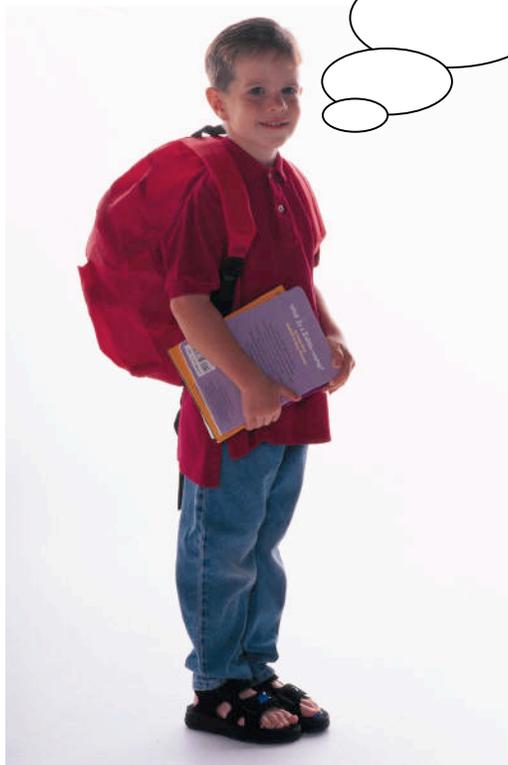
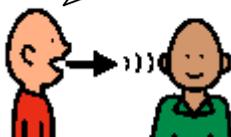


When I get angry I will find  
my teacher, Mommy or  
Daddy.



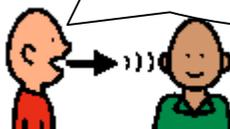
When I find them I will try to use words to tell them that I am angry.

I am angry.



I can say...

That makes me mad!





It is okay to use words  
when I feel angry.

I'm angry!





They will talk to me  
about what happened  
and about how I feel.





This might help me to  
feel better.



I should never hit when I am  
angry.



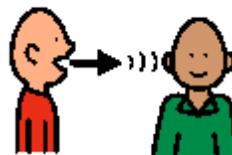


I could hurt someone.

Ouch!!!  
That hurt.



Using my words is a good idea.



## COMPEHENSION QUESTIONS

1. Sometimes I feel \_\_\_\_\_.
2. When I feel angry, I should find my \_\_\_\_\_.
3. When I feel angry, I should say, " \_\_\_\_\_."
4. Talking to people will make me feel \_\_\_\_\_.
5. I should never \_\_\_\_\_ when I am angry.
6. If I hit someone, I could \_\_\_\_\_ them.
7. Using my words is a \_\_\_\_\_ idea?