## Self-Determination Checklist Student Self-Assessment

1. What is one (1) goal that you have for yourself?



2. List three (3) thing	s you can do to re	ach this goal.	

3. How can people around you (teachers, family, friends, etc.) help you to build your self-determination skills?

4. List three (3) of your rights under the Individuals with Disabilities Education Act (IDEA) and the Americans with Disabilities Act (ADA).