

Eating Disorder Resources for Patients & Families

Websites

Central West Eating Disorder Program (CWEDP)	www.cwedp.ca
Danielle's Place	www.daniellesplace.org
Sheena's Place	www.sheenasplace.org
Homewood Health Centre	www.homewood.org
National Eating Disorders Information Centre (NEDIC)	www.nedic.ca
Something Fishy Website	www.something-fishy.org
National Institute of Mental Health (NIMH)	www.mentalhealth.com
Canadian Mental Health Association (CMHA)	www.cmha.ca
Canada's Food Guide	www.hc-sc.gc.ca/fn-an/food-guide-aliment/index_e.html

Support Centres

Danielle's Place- Burlington	(905) 333-5548
Sheena's Place- Toronto	(416) 927-8900
EDAC- Waterloo	(519) 745-4875

Finding a Private Practitioner

National Eating Disorders Information Centre	www.nedic.ca
❖ Information and Resources	1-866-633-4220
❖ Service Provider Search Directory	(416) 340-4156

Specialized Treatment Contacts – CWEDP Sites

Trellis Mental Health and Developmental Services (serving Waterloo Region and Wellington County)	General Intake (519) 821-3582 1-800-471-1732
Credit Valley Hospital, Mississauga	(905) 813-4505
Halton Healthcare Services, Oakville Trafalgar Memorial Hospital	(905) 815-5127
William Osler Health Centre, Brampton Civic Hospital	(905) 453-1160

Coalitions/Prevention

Body Image Coalition of Peel ❖ Directory/Resources and Services	www.bodyimagecoalition.org (905) 791-7800 ext. 2063
Eating Disorders Awareness Coalition of Waterloo Region ❖ Directory/ Resources and Services	www.edacwr.com (519) 745-4875
Wellington-Dufferin-Guelph Eating Disorders Coalition	April Gates (519) 824-1010 (ext. 2292)
About Kids Health	www.aboutkidshealth.ca/thestudentbody/
BodySense: Promoting Positive Body Image in Sport	www.bodysense.ca